



DG Amelia w/Chilean Exchange Student Anibal - Hosted by Jamie and Andrea Pruitt, West Point Club

District Governor - Amelia Stansell

Contact Amelia

VISIT OUR D7610 WEBSITE

CHECK OUT OUR D7610 NEWS



OUR MEMBERSHIP

BECOMING AN IRRESISTIBLE CLUB COMES DOWN TO:

- Meeting Enjoyment
- Confidence in Club Leadership
- Personal Growth Opportunities
- Connections
- Meaningful Service

~ GREETINGS FROM THE DG ~

Happy Fall y'all! It is October, which means one quarter of the Rotary Year is complete and we have accomplished much as a District and leadership team. By the time this message is published, I will have completed nineteen club visits – which have all been amazing and I have felt warmly welcomed along the way – thank you! I find it intriguing that each club has a unique personality and culture, yet we all are members of the same organization. We each serve our communities and the world whether our clubs are big or small, in person or online – or hybrid. We even had two new clubs formed in the first quarter, both companion clubs to traditional legacy clubs: **Fairfax-Landmark Satellite** and the **Manassas - IMPACT Club**. Both formed to meet the schedule and budget needs of members who otherwise wouldn't be able to engage with Rotary at their traditional lunch meetings. We also have a few more in the making – including a Rotaract club!

My July message included our District's annual goals. I wanted to provide a 1Q update:

- **Big Rock Annual Goals: (as of 9.23.24)**
 - >100 Net New Members: +34 (1,954)
 - > 5 new clubs (satellite, traditional or Rotaract): +2
 - >\$1,000,000 to TRF - \$108,694
 - >\$1MM Legacy Event – Ralph reports we are well underway!!
- **Organizational Enablers:**
 - Cross-Club Collaboration – 90+ attendees at DisCon
 - Leadership Development – 300+ Rotarians attended DTA 2.0 /Unlock The Magic, Conflict Resolution and Online Safety workshops in 1Q
 - Club Visioning – Need more strategic planning facilitators!
 - Tell our story – Included in Unlock the Magic and DG visits

As you can see, we are well on our way to a stellar year and I am excited to see where the next three quarters take us through the end of June!

October is Rotary's Community & Economic Development month. I encourage you to visit the Rotary Action Group for Community and Economic Development <https://www.ragged.org/> and the Disaster Network of Assistance Rotary Action Group <https://www.dna-rag.com/> to learn more about what Rotarians and Rotaractors are doing to support local – and global communities. Speaking of disaster assistance, we have a committee working to develop a District Emergency Response Plan so we are better prepared to respond to disasters and emergencies before they happen. More to come in the coming months – stay tuned!

Have a great October – I hope to see you at District Conference!

Submitted By: Amelia Stansell - DG, 2024-2025 Rotary Year



Celebrate International Day of the Girl Child on October 11, 2024

This is a global observance dedicated to highlighting challenges faced by girls around the world and promoting their empowerment, education, and rights.
<https://www.awarenessdays.com/awareness-days-calendar/international-day-of-the-girl-child-2024/>

CELEBRATE

Why is this important?

- **Education:** Nearly 1 in 5 girls globally do not complete lower-secondary education, and almost 4 in 10 do not complete upper-secondary school. In low-income countries, approximately 90% of young women do not use the internet, while their male peers are twice as likely to be online.
- **Unpaid Care Work:** Girls aged 5-14 spend 160 million more hours each day on unpaid domestic work than boys of the same age. This unequal distribution of unpaid work intensifies during adolescence.
- **Health:** Adolescent girls continue to represent three-quarters of new HIV infections among adolescents.
- **Family Planning:** Progress in meeting adolescent girls' demand for modern family planning methods has been slow, with only a modest increase from 55% to 60% since 2012. This means that 4 in 10 adolescent girls aged 15-19 who wish to avoid pregnancy are not using modern contraceptive methods. It contributes to teenage pregnancy, a significant cause of mortality for adolescent girls.
- **Child Marriage:** Before the COVID-19 pandemic, 100 million girls were at risk of child marriage in the next decade. The pandemic has exacerbated this issue, with up to 10 million more girls worldwide at risk of marrying as children in the next ten years
- **Violence:** Nearly 1 in 4 married/partnered adolescent girls aged 15-19 have experienced physical or sexual violence from an intimate partner at least once in their lifetime.

How to get involved with International Day of the Girl Child October 11, 2024?

1. **Promote Education:** Support initiatives that provide girls with access to quality education, including scholarships, and mentorship programs.

MEMBERSHIP SPOTLIGHT - Article 2

THE 2ND GENERATION OF A VERY SPECIAL ROTARY FAMILY - THE DAUGHTER

This is a series of articles that will continue in subsequent monthly newsletters about this amazing Rotary Family.

Rual Perkin's daughter Nelda grew up watching the love for and service on behalf of her father's beloved Rotary. When Rotary opened to women, Nelda was in her 40's and living with husband Donald Mohr in Colorado. The Boulder Rotary clubs were not quick to embrace women's entry into their clubs, so she worked with individuals to start the Coal Creek Rotary club, sponsored by the Longmont Rotary and chartered in 1990. It had 35 members and half of them were women. The area had a thriving JC group with stringent age requirements. A good number were aging and looking for a new service organization. Half went to the Lions, the other half to the Coal Creek Rotary Club.

Nelda spent her career as a library director and served as District Literacy Chair for both District 5450 and then District 7610; a position that existed before the six areas of focus were established. Her introduction to the wider Rotary world began with Rotary's International Group Study Exchange. The goal was to identify young business people who were not yet Rotarians, give them a 4-6 week vocational experience in another country, and provide the setting for meeting their Rotarians. This led to the couple hosting team members from Korea, Portugal, and Argentina and a French student as part of Rotary's youth exchange program, thereby establishing a life-long friendship. She began attending Rotary International conventions, logging in Salt Lake City, Calgary, Indianapolis, Montreal, Atlanta, Chicago, and New Orleans.

Nelda has been a member of the Stafford Club for 30 years. She has served as president twice, as club secretary for eight years, district secretary for seven years, district webmaster for five years, and club newsletter editor for 25 years. Now in retirement, Nelda has earned the right to pass on assignments, but she keeps going. She still manages the newsletter, plus the webpage for her club; tasks that take 6-7 hours each week. She gives special attention to RI's international projects and water projects. She is active with Rotary's Fellowship of Quilters & Fiber Arts, a group that sells their products to make money for the Rotary Foundation. She has explored so many avenues of Rotary in her lifetime, a wondrous accomplishment to be envied by all.

HOT OFF the PRESS

PLEASE WELCOME

JOAN MCGREGOR, DISTRICT 7610 CART CHAIR



My name is Joan McGregor. I'm excited to introduce myself as the new CART Chair for D7610.

CART, or the Coins for Alzheimer's Research Trust, is an incredible initiative with a unique focus, because 100% of donations go directly to Alzheimer's research—ensuring that every penny contributes to finding a cure.

This cause is deeply personal for me, as my own mother suffered from Alzheimer's. Watching her struggle with this disease was incredibly difficult. It has motivated me to dedicate myself to the fight against it. I feel like I'm not only helping advance research but also keeping my mom's memory alive and ensuring that her name is never forgotten. Alzheimer's touches so many families, just like mine. Together we can make a real difference.

My goal as D7610 Chair is to bring CART to our clubs and inspire everyone to join this important cause. Together, through small contributions, we can play a big role in advancing research and moving closer to finding a cure.

To learn more about CART, visit the CART website at www.cartfund.org. You will find everything from the history of CART (started by a Rotarian, supported by Rotarians), the blue CART buckets and different ways to contribute as a club. It's a great resource to see how donations make a difference.

I'm here to support you in bringing the blue CART buckets to your clubs and to answer any questions you have. Let's make a real impact together and ensure that no one's story is forgotten. I can be reached at joanmcgregor0@gmail.com if you have questions or learn how your club can support CART.

From Pocket Change to Lasting Change!

Submitted By: Joan McGregor, PI Chair and District 7610 CART Chair, Orange Club

CYBERSECURITY AWARENESS

Cybersecurity awareness is crucial in today's digital world as threats like phishing, malware, and data breaches are on the rise. We all need to be informed about best practices.

1. Recognize Common Cyber Threats/Data Breaches
 - Phishing: Phishing emails, messages, or websites attempt to steal sensitive information (passwords, credit card numbers) by masquerading as legitimate entities.
 - Malware: Malicious software, such as viruses or ransomware, can infect your device, steal information, or lock access to your files.
 - Social Engineering: This involves manipulating individuals into revealing confidential information by exploiting human psychology rather than using technical hacking.
2. Use Strong Passwords and Two-Factor Authentication (2FA)
 - Strong passwords: Use complex, unique passwords for each account, including letters, numbers, and symbols. Avoid common phrases or easily guessable information (like birthdays).
 - Two-factor authentication (2FA): Enable 2FA wherever possible. This adds an extra layer of security by requiring a second form of identification, such as a code sent to your phone or email.
3. Be Cautious with Emails and Links
 - Don't click on suspicious links: If you receive an unexpected email with a link or attachment, especially from an unknown sender, verify its legitimacy before clicking.
 - Check for phishing signs: Look for red flags like spelling errors, unusual domain names, or requests for sensitive information in emails.
 - Verify requests: If you receive emails asking for personal or financial information, contact the organization directly to verify the request is genuine.
4. Keep Software and Devices Updated

2. **Advocate for Gender Equality:** Advocate for policies and programs that promote gender equality in all areas of life, from education to healthcare to economic opportunities.
3. **Support Girls' Health:** Contribute to programs that provide healthcare and nutrition support for girls, particularly in underserved communities.
4. **End Violence Against Girls:** Raise awareness about and work to prevent violence, harassment, and discrimination against girls and young women.
5. **Engage in Mentorship:** Become a mentor or role model for girls in your community, helping them build confidence.
6. **Participate in Awareness Campaigns:** Join or initiate awareness campaigns, events, and discussions that focus on girls' rights and empowerment.

Relevant Hashtags: When sharing your support for International Day of the Girl Child 2024 and advocating for girls' rights and empowerment, consider using hashtags. By using these hashtags, you can amplify the voice of girls around the world who are working towards a more equitable future for all.

- #DayOfTheGirl
- #GirlsEmpowerment
- #GenderEquality
- #GirlsRights
- #EndChildMarriage
- #EqualityForGirls

Some Rotary Resources to help celebrate this day:

<https://www.rotary.org/en/leave-no-girl-behind>

<https://www.rotary5930.org/stories/celebrate-international-day-of-peace-and-support-girl-empowerment>

Submitted By: Meesh Peters, Major

The Biggest Little Fish You've Never Seen



At a recent Rotary Club of Orange meeting, Rotarian Jamie McConnell and the Conservation Committee presented "The Biggest Little Fish You've Never Seen", a 2023 documentary by William McKeever. It explores how industrial fishing is affecting the Bay. The video was followed by a Q&A session led by Robert Pollard, a member of the Virginia Sportfishing Association.

The focus on menhaden, a critical yet often overlooked species, highlights the important role they play in the marine ecosystem. Often referred to as the most important fish in the sea, menhaden serves as a crucial food source for larger fish, seabirds, and marine mammals. Their decline due to overfishing has a ripple effect on these species, making their recovery vital for the health of the entire ecosystem.

For those who are saltwater anglers, whale watchers, birders, or simply interested in the resilience of nature, we also recommend watching "The Return of the Menhaden." Professional fishing guide Tim Regan discusses how the elimination of reduction fishing off New York waters in 2019 has led to the remarkable return of menhaden schools. This recovery has had a profound impact. It not only restored the menhaden population but also benefited the many species that depend on them, from striped bass to humpback whales. The resurgence of these fish has revitalized New York's waters, demonstrating the power of conservation efforts and the ability of nature to regenerate when given the chance.

Submitted By: Joan McGregor - PI Chair, Orange County Club

District Youth Exchange Program - Update

À Bientôt Mayla et Bienvenue Inz!

Two students participating in Rotary's Youth Exchange Program are just now getting settled in with their host families. Before too much time goes by, we thought we'd share how they're doing:

Mayla (Arlington, VA) arrived in Briançon in the French Alps in late August. Her father, Juan Pablo (Crystal City-Pentagon Rotary Club) was a youth exchange participant in Austria many years ago, so the family tradition continues. Mayla, started her junior year in high school and hoped to find a placement in France; she's been studying French for the past two years. Mayla took the initiative to learn about her options and was rewarded with a placement in France. She stepped up her French studies in anticipation of her year abroad. We will check in to see how her year is progressing and update the members.

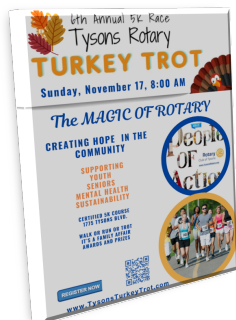
Inz (Marseille, France) arrived in Arlington, VA in mid-August. Hosted by Juan Pablo's family, she had the good fortune to spend time with Mayla before Mayla began her exchange program in France. Prior to Inz' arrival in the US, Inz' family and Juan Pablo's family were able to introduce each other via WhatsApp. Since her arrival, Inz began her junior year at Yorktown High School. Before Mayla headed to France, she helped Inz get in touch with the dance coach at Yorktown; Inz has dance experience and was interested in joining the team. Not only did Inz make the team, she's been attending regular drills for upcoming performances and games. Inz becomes more proficient in English every day as she attends classes and interacts with Juan Pablo's family, including Mayla's younger brother and sister. The whole family is excited and happy to host Inz – they're making her feel very welcome here in Virginia.

Stay tuned for a future update on Mayla and Inz!

Submitted By: Maria Kuecken, PI Chair - Crystal City Pentagon Club

- Update software regularly: Ensure your operating system, apps, and antivirus software are up-to-date to protect against the latest vulnerabilities.
 - Patch management: Apply security patches as soon as they're released to fix known flaws that attackers might exploit.
- Protect Your Personal Information
 - Limit what you share online: Be mindful of sharing personal information like your address, phone number, or birth date on social media or public platforms.
 - Use privacy settings: Adjust privacy settings on social media accounts to control who can see your information.
 - Secure Your Devices and Networks
 - Use antivirus and firewall protection: Install and maintain trusted antivirus software and enable your firewall to monitor incoming and outgoing traffic.
 - Encrypt sensitive data: Use encryption tools to protect personal and financial information stored on your devices or sent over the internet.
 - Use secure Wi-Fi: Avoid using public Wi-Fi networks for sensitive transactions like online banking. Use a virtual private network (VPN).
 - Back Up Important Data
 - Regular backups: Routinely back up your important data, either to the cloud or an external drive, to avoid loss in the event of a cyberattack or hardware failure.
 - Be Aware of Social Engineering
 - Beware of manipulative tactics: Attackers may pose as trusted sources to trick you. Always verify who you're communicating with.
 - Verify before trusting: Be skeptical of unsolicited phone calls, emails, or messages that ask for sensitive information, even if they appear legitimate.
 - Educate and Train Regularly with ongoing awareness training.
 - Respond Quickly to Incidents
 - Report suspicious activity: If you suspect a breach or notice unusual activity on your accounts, report it immediately to your IT department, service provider, or a cybersecurity professional.

Submitted By: **Ralph Menzel- District 7610 Learning and Development Chair**



~ PLEASE JOIN US ~
6th ANNUAL TYSONS ROTARY CLUB'S TURKEY TROT - 5K SUPPORTS SEVERAL CHARITIES

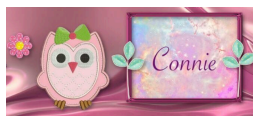
DATE: NOVEMBER 17, 2024
WWW.TYSONSTURKEYTROT.COM



Today, we highlight HopeLink Behavioral Health. HopeLink is a nonprofit providing behavioral health, crisis, and suicide intervention services. We seek to change lives in our community by empowering hope, safety, recovery, independence, and community integration.

For more information: [HopeLink - Home Page \(hopelinkbh.org\)](https://hopelinkbh.org)

Submitted By: **Tyra Garlington - PI Chair, Tysons Club**



CONNIE'S CORNER

I am your District Administrative Assistant and also edit the Monthly Newsletter. I have been working part-time with the District since August 2023. My job is to support the DG and COS, as well as manage the content for the District Website and District Newsletter. I respond to public inquiries, member questions and provide support for district events. In my spare time, I work on many special projects to assist the leadership team.

You can reach me @ 7610rotarydistrict@gmail.com.

A bit about me, personally and professionally:

- Live in Amissville, VA
- Married for 41 years to Donny
- 1 daughter, Michelle
- 8 former exchange students who we consider our "kids" from all over the world

MOURNING THE LOSS OF MR. HARVEY L. PEARSON ~ LONG TIME MEMBER OF WARRENTON CLUB ~

Harvey L. Pearson born February 24, 1925, died September 14, 2024, peacefully at his home in Warrenton, Virginia, surrounded by his family. Mr. Pearson joined the Warrenton Club on June 12th, 1958.

Mr. Pearson, like thousands of other veterans, took advantage of the GI bill to enroll at Virginia Tech where he graduated in 1950. He returned to Warrenton to work as a deputy clerk, rising to Circuit Court Clerk in 1958, where he served for 42 years without electoral opposition. He served as President of the Warrenton Jaycees, the Warrenton Rotary Club, and President of the Circuit Court Clerk's Association, where during his one-year term he visited every Clerk's office in the Commonwealth. He served on the Board of Directors of Jefferson Saving And Loan and Marshall National Bank. He was instrumental in the initial financing of Laurel Ridge Community College.

In 1992, the Warrenton Armory was named the Harvey L. Pearson Armory in his honor. In 2017, he was celebrated for his contributions to the Community College by the naming of the guidance office as the Harvey L. Pearson Student Success Suite. A student scholarship was founded in his name. Mr. Pearson loved to garden, enjoyed the raising of prize-winning Angus cattle, managing his real estate investments, watching Hokie football, and rooting for his beloved Washington National baseball team. He was honored at midfield last season in Lane Stadium. He savored the company of his sons, his family and many friends, which continued at his home, until the end.

If interested, the family requests that donations be made to the Harvey L. Pearson Scholarship Fund at Laurel Ridge Community College.

Mid-Atlantic Rotary Leadership Institute (RLI)

The purpose of the Rotary Leadership Institute (RLI) is to strengthen your club and strengthen your life. Rotary provides an opportunity for all of us to provide service to our community and throughout the world. (**Service Above Self**). With that service comes learning experience in leadership, team building, the Rotary Foundation (TRF), planning, marketing, communication, and organization.

RLI Update: Class Availability – Saturday – OCTOBER 12, 2024

Parts I, II and III will be offered - **PLS NOTE:** You must have taken Part I to take Part II, Part II to take Part III

Location: PATH Foundation, 321 Walker Drive in Warrenton, VA

Cost: \$95.00

Registration: 8:15 am

Class Time: 9:00 am to 3:30 pm

RLI Rebate Program ~ Clubs Sending 4 Participants ~ Get One Free!

WHY do we need a Leadership Institute?

Rotary needs a constant influx of leadership as club officers, etc. change every year. It is difficult at the club level to learn enough about the exciting world of Rotary with its 1.4 million members in 200+ countries. Furthermore, leadership skills in a voluntary organization are often different from business leadership skills. It is important that club leaders have every opportunity for education because the success or failure of our clubs depends in large part on the quality of their leaders.

Should our club participate?

If your club cares about its future, it will want the best leadership possible. This is an outstanding opportunity for each club to improve the Rotary knowledge of its key people, who will also be exposed to new ideas of leadership. The exchange of ideas with other experienced Rotarians alone makes the courses worthwhile.

RLI believes that excellent CLUB leadership (all types of club leaders) is essential to the future of Rotary in a complex and fast changing world. Most Rotarians have not been exposed to the great scope of Rotary around the world and have not considered what leadership skills are necessary to move Rotary forward. The overriding goal of the courses for club Rotarians is to create ENTHUSIASM for Rotary!!

Any questions, please contact Ralph Menzel at rmenzel1471@gmail.com.

SIGN UP TODAY!

REGISTRATION CUT OFF DATE IS FRI - OCT 4, 2024 at 12:00PM

Register NOW for RLI-District 7610-Parts I, II and III-Warrenton, VA or send your REGRET that you cannot attend by [clicking here](#).

Submitted By: **Ralph Menzel- District 7610 Rotary Leadership Institute (RLI) Chair**

DISTRICT 7610 LEGACY CAMPAIGN

How Will We Fund the Next 100 Years of Rotary Causes?

Thank you District 7610!

As Rotarians, you are willingly and generously supporting Rotary causes such as eradicating Polio, providing textbooks, clean water, training for new mothers, and so much more. Your gifts provide the funding needed to make the world a better place today. What about the future? Have you thought about how to provide long term sustainable funding to the Rotary causes you fund today? How about funding for future Rotarians to continue doing good in the world? Ask about the District Legacy Campaign! It is easier than you think to have a permanent philanthropic impact!



Join your fellow Rotarians who have committed to funding future Rotary causes through their estate plans. For example, some Rotarians have designated all or a percentage of their retirement account to The Rotary Foundation and will leave more tax-favored assets to their heirs. Others have Whole Life Insurance policies which they no longer need and designate The Rotary Foundation as a beneficiary to

- 2 grandkids, Mitchell and Avery
- Worked in Automotive (General Motors Corp), Aerospace (Hexcel Corp), Consumer Goods (Whirlpool Corp), Real Estate (Dawn Arruda & Co)
- Moved 11 times for my job and lived in 4 States
- Since retirement (2nd time in 2017); worked at Fauquier Chamber of Commerce and weekends for the Town of Culpeper Visitor Center
- My Zodiac sign is Libra
- Collect anything owl related - love owls, especially the Great Horned Owl
- Enjoy traveling, walk daily, watch documentaries and read tons
- Enjoy playing Pokémon with my daughter and grandson
- Do Paint By Number paintings; 18 so far that I give away as gifts
- My favorite saying: Never, never, never give up. (Winston Churchill)

Since joining the team, I have had the opportunity to learn from and work with several organizations that support our district. They provide excellent assistance. Sharing contact info might be helpful for you in the future. Consider bookmarking and adding them to your contact list for easy access. Click on the links below.

- [District Website](#) (learn more about the District, register for events and news)
- [DACdb Support Contact: 833-322-3248](#)
- [Rotary International Support Contact: 866-976-8279](#)
- [District 7610 YouTube Channel](#) (watch recordings of training and meetings)
- [District 7610 Facebook Page](#) (get ideas, news and updates)

Submitted By: **Connie Crown, District Administrative Assistant**

Everything ~ Even Giving ~ Begins with a First-Step!

Donating to Our Rotary Foundation (TRF) is a fundamental expectation of Rotarians. However, two things are essential to laying the foundation for members to understand the why of giving, and then to also understand and begin their journey of giving.

The WHY: As Rotary leaders and clubs, we must *regularly* demonstrate to members the real sustainable good TRF dollars do in both our own communities and the world. This is best done by illustrating the good your club's District Grants, received annually from our District Block Grant, have done in your community, and the amount each year of the District Grant funds that you received. Then add the club's experience in having participated or led a Global, Global Scholar or Peace Fellow Grant. Show them that in this District, there is the matching formula for Global Grants, allowing a club's donations to be multiplied by 2.8 by the District and Our Rotary Foundation match. Share a demonstration and have a discussion on how close Rotary is to finally eradicating Polio with the dollars members donate. Round this out with a short presentation on how the TRF shares back these monies based upon the collective results of Clubs and District giving to TRF. If you need help, contact your Area Foundation Advisor or me for presentation information.

Giving Journey: In the Foundation Reports of My Rotary, Clubs will find the data summary of their collective TRF statistics and giving amounts on a rolling five-year summary. You can compare that to the amount of TRF grant funds your club has received over the same period. This shows the annual donation goal the club must achieve to continue enjoying grant fund returns; give more to TRF than you have taken is to remain healthy and viable.

Next comes the path of giving. It always starts one step at a time. Our Rotary Foundation does a very good job of encouraging and recognizing members that become Paul Harris Society members, giving \$1000 annually, and additional recognition for those that donate at higher levels. We hope most of our members, over time, will reach the PHS levels, and beyond annually.

However, we know that most giving begins earlier than PHS levels. It generally starts with an expected, reasonable, doable entry level of giving. So, it is important that we impress upon prospects and all members that we appreciate all levels of giving, even when it starts at under \$1000 annually. (NOTE: Approx 50% of all annual donations to TRF from Rotarians across the world is under \$1000).

Our District has created *The First-Steps of Giving* program. It is expected that all new members and those new to donating to TRF will give at least \$10/month through Rotary Direct on a recurring basis (min amount Rotary Direct permits). Please see the new [Rotary Direct Form \(FAQ form attached to this email\)](#).

Also, as part of *The First-Steps-of-Giving* program, we encourage the traditional Sustaining member donation level to be raised to \$120, as all grants cost more than 10 years ago. This increase puts it on par with the First-Steps program, and if paid quarterly, will be \$30 per quarter (rather than \$25). We make the same request of our members that have reached Major Donor Level 1 or higher and who have stopped giving, to resume their giving to at least this \$10/month approach.

We ask Clubs to recognize the First-Steps program members with a District Certificate when they promise to make this commitment. Once their first \$120 commitment has been completed, give them the blue and white enameled Rotary Foundation lapel; available through Russell-Hampton.

Each year the commitment is met, please have an honor roll recognition at a club meeting and post this in the club newsletter. Please share it to publish in the District Newsletter or be posted on the District Website news blog.



Annually, we must continue to inform and educate our members about the value and importance of our Rotary Foundation, the work it has accomplished for our communities and around the world. We must always earn those recurring First-Step gifts and actively pave the way for the First-Step being a path to increased further commitment through giving PHS annually and beyond.

Let's work together to make the "Thank You" behind all members' giving a reality in each club by the end of this Rotary Year in December! You need only reach out for support and assistance from our new First-Steps-of-Giving Chair, Cindi Kacer (ccindik@aol.com) or Pat Borowski (paborowski@cox.net). We also attached the DTA 2.0 Foundation presentation and the Rotary Direct FAQ's to this newsletter. We're here to support you!

WATCH DTA 2.0 - FOUNDATION (District YouTube Channel)

Submitted By: **Pat Borowski, District Rotary Foundation Chair**

fund their charitable legacy. These are just two ways to fund future Rotary Causes.

To learn more on how to create Your Rotary Legacy, contact:

Ralph Menzel, District 7610 Legacy Campaign Chair – rmenzel1471@gmail.com

You are part of the Rotary family, be a part of it forever.

Submitted By: **Ralph Menzel- District 7610 Legacy Campaign Chair**

Paris 2024 – A Rotarian's Journey

Since my wife and I set up a second home in France, I have been lucky to be accepted as an Honorary Member of the Rotary Club of Roquebrune-sur-Argens, Puget-sur-Argens, Le Rocher. It has been a blessing to share Rotary in France. The club is young and dynamic. France does not have weekly speakers. Rather, they meet at a restaurant, share fellowship, and discuss ways to help their community...and yes, of course, all done over a delicious glass of wine.

Our tour this year included experiencing the Summer Olympics. From our home in the South, we enjoyed two football (soccer) matches, and then took the train to Paris to experience beach volleyball, track & field, and water polo. We came upon two road races and ventured to the Seine River to watch the men's swimming marathon.

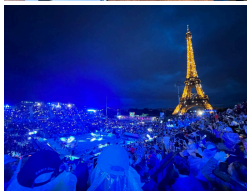
The French are incredibly welcoming and very proud to show the world their city, their country, and their culture. They were concerned it would all go awry. Instead, volunteers were kind and considerate and made sure everything ran smoothly. The Olympic experience was incredible.

After the Games, I returned to the south to spread some Rotary peace. August 15th marked the 80th anniversary of the invasion of southern France in WWII. Operation Dragoon was as large as the invasion of Normandy. Despite the involvement of 500,000 soldiers, 2,000 ships, and 9,000 paratroopers, our country knows nothing about this historical event. The French have never forgotten: each year they mark the occasion with solemn wreath laying and celebratory parades.

Thierry Martin, of Le Muy, manages the Musée de la Liberation and has become my friend. I wanted to thank him and the French for never forgetting the American GI's sacrifice 80 years ago. At my urging, Senator Mark Warner's office wrote an official thank-you letter to Thierry. I framed it and presented it to him after the grand parade. It was a mutually profound and emotional moment, and a memory I will carry with me for the rest of my life.



Michael Arietti exchanging club flags with Philippe Loucheux



Our view from the beach volleyball stadium



Bob Jansen presenting Thierry Martin a letter of thanks from Senator Mark Warner and the American people

Submitted By: **Cecilia Closs, Joann Berkson, Bob Jansen of the Mclean Club**

All Giving Requires an ACTIVE Plan

The First-Steps-of-Giving article gives us an approach to help members appreciate the WHY? to give and begin a path of donating to The Rotary Foundation (TRF).

We know that the best results come from a well-developed stretch goal plan executed through deliberate and constant actions. The video (DTA 2.0 – Foundation) provides you with HOW-TOs of planning and executing your club TRF giving goals. This program walks you through what Club Rotary Foundation data you will need to plan; where and how to use this data; and how to approach and follow up with members.

WATCH DTA 2.0 - FOUNDATION (District YouTube Channel)

Remember one of the requirements for your club to "qualify" for Rotary Grants is that you list your stretch Club Rotary Foundation goals in [MyRotary - Club Central](#). Please contact First-Steps-of-

**ON THE HUNT FOR A NEW DISTRICT NEWSLETTER EDITOR / PUBLISHER
~ ARE YOU INTERESTED? ~**

As a Rotarian with a couple of years' experience in my club, I had the opportunity to become the editor and publisher of the District Newsletter. As I received stories and photos from clubs around the District, I quickly gained an appreciation for the true scope of what Rotarians were accomplishing around our District and the impact that they were having on their local communities. I also had a chance to work with District Governors and other Rotary leaders and learn the "mechanics" of Club and District management. As the current Chief of Staff, I am thankful for that background.

We are now looking for someone who is interested in taking advantage of a similar pathway towards learning more about the District, the clubs, and Rotary in general while simultaneously making their own contribution to the world of Rotary. If you are interested in serving as the District Newsletter Editor/Publisher and would like more information, please contact:


Public Image Chair, Jenna Edwards, jennaelizabeth09@gmail.com, or Chief of Staff, Earl Baughman, ebaughman@cox.net.

Submitted By: **Earl Baughman, Chief of Staff**

Giving Chair, Cindi Kacer (ccindik@aol.com) or Pat Borowski (paborowski@cox.net) for copies of the slides and resource materials noted in the presentation.

Submitted By: **Pat Borowski, District Rotary Foundation Chair**

**2023-2024 MAP AWARD
~ CONGRATULATIONS TO 8 DISTRICT 7610 CLUBS ~**



**ROTARY YEAR 2023-2024
MAP AWARD
YEARS OF CONSECUTIVE GROWTH**

Congratulations for continuing to grow your impact in your community, your World, and your members.

Great Falls	FOUR YEARS
Orange	FOUR YEARS
Dulles International Airport	FOUR YEARS
Woodbridge	THREE YEARS
Rappahannock-Fredericksburg	TWO YEARS
Vienna	TWO YEARS
Broadlands-Dulles South	TWO YEARS
eClub of Global Peacebuilders	TWO YEARS

Jeremy Hurst
Jeremy Hurst
Zones 33/34 Director

Patrick Eakes
Patrick Eakes
MAP Committee Chair

Rotary Zone 33/34
Membership Action Plan



DISTRICT NEWS & EVENTS:

The District News page serves as a comprehensive platform to keep members and the public informed about the district's efforts in service, fellowship, and community development.

[Read the latest news now!](#)



DISTRICT CALENDAR:

The District Calendar page provides a detailed schedule of all upcoming events, activities, and important dates in the district.

[Stay in the loop with our District's calendar!](#)



THE ROTARY FOUNDATION:

Stay informed with TRF, offering the most recent updates on humanitarian grants, World Peace Fellowships, Global Grant Scholarships, Polio Plus Society, and Vocational Training Teams.

[District 7610 ~ The Rotary Foundation](#)

WELCOME NEW ROTARIANS!

From August 28 to September 27, we gained **16** new members in District 7610

Member Name	Club	Sponsor
Palamountain, Valerie (VALERIE)	Albemarle County	
Garlow, Charlie (CHARLIE)	Alexandria Central	
Flaherty, Joan (JOAN)	Alexandria Central	Charlie Garlow
Hall, Martene (MARLENE)	Arlington	Sherri Barrier (Oliver)
Deatherage, Sydney (SYDNEY)	Arlington	Jill Deering
Sherry, Sue (SUE)	Bailey's Crossroads	Pam Stoessell Clyde Williams
Franklyn, Stephan (STEPHAN)	Broadlands-Dulles South	
Parsons, Nanette (NANETTE)	Broadlands-Dulles South	
Mermelstein, Paul (PAUL)	Centreville and Chantilly	Carol Robinson
McCrea, John (JOHN)	Dulles International Airport	Robin Hogan
Josephs-Conway, Corliss A (CORLISS)	Fairfax	Barry Gordon D. Thomas Ross
Prencipe, Loretta (LORI)	Fairfax	Harry Henderson Kimberly Wasko
Ainsley, Howard N (HOWARD)	Gloucester	Bill Weaver Nancy Dykeman
Derby, Laura M. (LAURA)	Mount Vernon	
Parker, Jay (JAY)	Rappahannock-Fredericksburg	
Farooq, Hassan (HASSAN)	Woodbridge	David B. Kent



SUBMIT YOUR DISTRICT NEWS

Your contributions are valuable in keeping our Rotary Community informed and engaged!

CLICK HERE to get in touch with the District Newsletter Editor

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